**TRAVEL INFORMATION**

**Please complete this form and bring with you to your appointment**

**If your trip is less than 2 weeks and we have no appointments, we would recommend that you attend a private travel clinic to ensure you are protected from any diseases (This will incur a fee)**

**We will be happy to give you a print out of your vaccine history to take with you**

**We suggest that you familiarise yourself with this travel website prior to your trip** [**www.travelhealthpro.org.uk**](http://www.travelhealthpro.org.uk)

**Date Form Completed …………………………………………………….**

|  |  |
| --- | --- |
| **Departure Date:**  **Return Date:** | **Total Duration of Trip:** |
| **Purpose of Trip:**  Leisure Holiday  Cruise  Business Trip  Group Holiday  Gap Year/Adventure  Visiting friends or Relatives  Diving  Voluntary/Relief Work  Health worker  Pilgrimage  Long Term/Expatriate | **Accommodation:**  Hotel  Apartment/Villa (Self Catering)  Staying with Family  Camping  Hostel  Living with locals (Voluntary/Relief Trip)  Cruise Ship |
| **Country/Destinations, including region**  Bring in itinerary if multiple destinations  1.  2.  3.  4.  5.  6. | **Airports(s)**  Include any airports even if a short stop off |

**Names and date of birth of all travelers**

|  |  |  |
| --- | --- | --- |
| **Name** | **D/O/B** | **Contact Number/email** |
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**Medical History**

**YES NO**

1) Do you have, or have you had any serious illness, disability or mobility 

problem?

2) Are you receiving regular treatment or follow up with your GP/Hospital 

specialist?

3) Do you have any allergies? 

4) Do you have a condition or are taking any drugs which may suppress 

your immune system?

5) Do you think you have a condition which may be affected by travel? 

6) Do you have any specific health concerns regarding your proposed trip? 

7) Have you ever experienced any mental health issues, even mild anxiety 

or depression?

8) **Women**: Are you pregnant, breastfeeding or planning a pregnancy 

While travelling?

Please inform the nurse of any further information that you feel may be relevant to your travel